

FISIOTÁNDEM

	Lunes	Martes	Miércoles	Jueves
Mañanas				
10.00 h		Pilates	Pilates	Pilates
11.00 h		Pilates	Yoga	Yoga
12.00 h				
13.00 h		Pilates		Pilates
Tardes				
16.00 h		Yoga		Pilates
17.00 h	Yoga	Pilates	Pilates	Yoga
18.00 h	Pilates	Yoga	Pilates	Pilates
19.00 h	Pilates	Pilates	Yoga	Pilates
20.00 h	Pilates	Pilates	Pilates	Yoga